



# James L. Sage

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## *Professional Profile*

Over 10 years' experience in massage related fields. Experience conducting presentations on health enriching practices. Gifted therapeutic professional with a passion to help others improve their physical and emotional health. Worked in professional medical settings, natural holistic environments, and service oriented fields. Varied healing modalities with well-rounded healthcare knowledge. Recognized for applying effective natural techniques to improve bodily functions and energy flow with powerful, profound, and compassionate care that eliminates stress, relieves depression, and minimizes pain. Swedish, Reiki, Pressure Points, Acupressure, Chi-massage, Meditation, Tai-Chi, Aromatherapy

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## *Summary of Professional Experience*

Massage Institute Name, Winter Park, Florida 2005 to Present  
*Massage Therapy*

- Work directly with chiropractor and provided wellness massage, Chi-Massage, and Tai-Chi massage.
- Heal with therapeutic massage, acupressure, intuitive chi energy massage, meditation and stress management classes.
- Provide excellent customer service, made appointments for the next session, and gain repeat visits.

Wellness Massage Center, Orlando, Florida 2001 to 2005  
*Assistant Manager*

- Promoted the positive effects of massage therapy by describing techniques, estimated results, and target areas.
- Maintained appointment books updated and confirmed accuracy.
- Enabled massage therapist to provide a relaxing atmosphere by coordinating schedules appropriately.

Wellness Massage Center, Orlando, Florida 1999 to 2001  
*Front Desk*

- Greeted customers and lead them to massage rooms for a relaxing session.
  - Helped massage therapist troubleshoot conflicts in schedules and confirm massage appointments.
  - Priced out massage packages, and convinced customers of service value.
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## *Education*

Florida College of Natural Health, Altamonte Springs, FL  
Completed 624 Hour Massage Training Program, 2006  
Florida Registered Massage Therapist # MT00000